

TeachingOnline.com.au

with Dr Deniese Cox

On-demand, practical professional development for educators who want proven, actionable strategies to achieve a better teaching online experience

This on-demand platform features a wide range of teaching online learnings, and is designed for you to dip in and out of as time permits.

You are in control of your learning journey, engaging with topics as you need them.

The list updates throughout the year and this version is as at **1st November 2023**

These are the categories of videos for you to engage with, full details of all video titles, durations, and descriptions available on the following pages.



Welcome! Start here

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Essential next-level live online

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Preparing yourself for learning

See page 3



Optional advanced topics

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Foundation topics

See pages 4-6



Extra insights

See page 15



Essential next-level online content

See pages 7-11



Sign in via

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**Yes! Certificates
available!**

TeachingOnline.com.au
/PD-Records

[▶click here to access](#)

To trigger your certificate:

1. Engage with a learning topic
2. Submit a reflection
3. Receive the certificate



Welcome! Start here



Optional

Welcome and brief overview [▶click to play](#)

This quick video welcomes you to the platform and introduces you to the six categories of learning topics you can navigate your way through.

Optional

5-mins

Recommended pathways [▶click to play](#)

This platform is intentionally designed for you to navigate through at your own pace, engaging with topics in whatever order best meets your needs. However, if you'd like some guidance about where to start, this video suggests 3 potential getting-started pathways:

- Build foundations first, or
- Dive right in for immediate results, or
- Explore and discover some interesting topics while deciding what elements interest you most.

Optional

8-mins



Preparing yourself for learning



Optional

Switching on your learning mindset enhances learning outcomes [▶click to play](#)

Use this effective mnemonic to quickly switch on your learning mindset anytime you sit down to engage with these videos (or any other PD).

Optional

4-mins

An effective note taking technique [▶click to play](#)

Learn a simple yet highly effective note taking technique to get the most out of your PD time.

Optional

5-mins

For any new learning to stick, beliefs *and* knowledge need to be in balance [▶click to play](#)

Engaging with PD to level-up your teaching practice is more effective when you bring your beliefs along, not just add new knowledge.

Optional

4-mins

Top-tip: Set brain boundaries to get more out of all your PD experiences [▶click to play](#)

Avoid the pitfall of having your brain feel as though it's being pulled in too many different directions during PD by setting a brain boundary every time you engage with one of the videos in this platform.

Optional

4-mins

The factors that affect our teaching practice, making it different from our ideal [▶click to play](#)

Have you ever noticed that your day-to-day teaching practice doesn't align with your ideal? Don't worry – you're not alone! In this video I unpack for you the factors that have been found to affect educator practice. Educators say that these understandings help make sense of some frustrations in their roles. Educators also report this model provides a great reflection tool for identifying what aspects of PD to engage in, as well as providing a foundation for workplace conversations.

Optional

10-mins

You can earn a certificate for engaging with this 'preparing yourself for learning' video set.
Submit your learning reflection at TeachingOnline.com.au/PD1



Foundation Topics



Recommended

A few teaching online foundations (Optional) [▶click to play](#)

This is a great place to start. It's recommended most for those who are newer to online education, and educators who want to build a solid understanding about teaching online. This set of videos introduces you to the spectrum of online education modes, and shares why there's no such thing as a one-size-fits-all version of the 'right' way to teach online.

Don't forget to download the notebook!

1 <input type="checkbox"/> Welcome + overview	Recommended	5-mins
<i>Welcome to the topic and an overview of the content ahead.</i>		
2 <input type="checkbox"/> Bonus learning	Optional	9-mins
<i>This video is your reminder to switch on our learning mindset and take effective notes.</i>		
3 <input type="checkbox"/> Yes, teaching online is different	Essential	10-mins
<i>Learn why teaching online does feel like such a different space in which to work, and why many educators feel as though their 'teaching senses' have been switched off. You'll also learn why conscious choices are such a big part of teaching well online, and why it's important to really understand the 'why' behind each element of your teaching practice.</i>		
4 <input type="checkbox"/> Which mode is right?	Essential	8-mins
<i>From fully live online to automated self-paced content, repository style, there's a whole spectrum of online education. In this video you'll learn important points when considering your unique context and what's right for you.</i>		
5 <input type="checkbox"/> Busting 5 myths	Essential	6-mins
<i>Let's bust 5 very common myths about teaching and learning online.</i>		
6 <input type="checkbox"/> Leverage the benefits	Recommended	13-mins
<i>For this video I spoke with two educators who were previously very unhappy with the move to online. Now that they're fully embracing teaching online and thriving in this space, I asked them what tips they wanted to share with you.</i>		
7 <input type="checkbox"/> Temptations of technology bling	Recommended	5-mins
<i>Hear the experiences of two educators who have found low-tech creative solutions within their shift to teaching online.</i>		
8 <input type="checkbox"/> Closing comments	Optional	5-mins
<i>A few closing comments to wrap things up.</i>		

You can earn a certificate for engaging with this 'a few teaching online foundations' topic.
Submit your learning reflection at [TeachingOnline.com.au/PD2](https://teachingonline.com.au/PD2)

📺 The 4 roles of online educators (Recommended) (▶click to play)

Breaking the online educator role down into four memorable components (C.O.T.E.) is an effective way of understanding what adult online learners need and want from their online educator. In this video set you'll learn an easy-to-use framework and accompanying must-have reflection tools.

Don't forget to download the notebook!

1 📺 Welcome + overview	Recommended	8-mins
<i>Welcome to the topic and an overview of the content ahead. Be introduced to 'The 4 Roles'.</i>		
2 📺 Bonus learning	Optional	9-mins
<i>This video is your reminder to switch on our learning mindset and take effective notes.</i>		
3 📺 C: Critical concepts	Essential	13-mins
<i>Learn about the role of engaging our students with the critical concepts, knowledge, and skills that they're here with us to learn. Includes: Foundations of this role; The 4-step practical inquiry process; Teacher-centred or student-centred content; Independent or collaborative opportunities; Real-time or own-pace; and a good practice checklist.</i>		
4 📺 O: Organisation	Essential	8-mins
<i>Learn about the role of providing our students with clear organisation, communication, and expectations. When we as educators fail to fulfill this role well, students become frustrated, confused, and disengaged.</i>		
5 📺 T: Tools	Essential	14-mins
<i>Learn about the role of purposefully selecting tools and technologies that support and enhance the learning journey. Understanding this role is critical for avoiding many common pitfalls associated with teaching online.</i>		
6 📺 E: Environment	Essential	11-mins
<i>Learn about the role of creating an encouraging and safe learning environment for students. Includes tips for rapport building; Nudging; Pedagogical care; To smile(y) or not to smile(y); and a Good practice checklist. This role is one that is often intuitively enacted by on-campus teachers. However, this critical role requires more proactive and conscious choices when teaching online.</i>		
7 📺 Reflection tools	Recommended	17-mins
<i>This video presents a reflection tool (and variations) that was developed especially for the C.O.T.E. framework. You'll also be introduced to common reasons for gaps between ideal and enacted practice. Many educators report that learning how to utilise these tools has noticeably improved their practice and reduced the time spent planning or reviewing content.</i>		
8 📺 Closing comments	Optional	4-mins
<i>A few closing comments to wrap things up.</i>		

You can earn a certificate for engaging with this 'The 4 roles of online educators' topic.
Submit your learning reflection at TeachingOnline.com.au/PD3



📺 Learner Digital Skills (Essential) [▶click to play](#)

Learner Digital Skills are the hot topic in vocational education and workplace training right now, and for good reason! Digital Skills have been identified as a barrier for many learners seeking to engage with learning opportunities. This isn't an online versus on-campus discussion. Regardless the format being delivered, digital skills are necessary for participation in education today.

Not only are aspiring learners impacted, but so are educators and trainers. I've been researching this issue for two years, and found that up to 87% of teaching workload in some weeks is being spent on providing remedial digital skill support. Educators reported that support provision is outside their job role, their expertise, and the scope of content assigned for them to deliver.

To address learner and educator challenges, a **Good Practice Guide** has been developed for vocational education and workplace training providers. It contains 10 guidelines to inform your selection and implementation of digital skills support systems.

As a Teaching Online member, you have exclusive access to these three accompanying videos which present key elements from the guide.

Don't forget to download the Good Practice Guide

(Once you're in the platform, simply scroll down to the 'resources' tab under the first video)

<p>1 📺 Why focus on learner digital skills</p> <p><i>Digital skills presents a barrier to education for some learners. In this video you'll also learn about the significant impact on educator time and workload.</i></p>	<p>Recommended</p>	<p>10-mins</p>
<p>2 📺 Categorising and identifying digital skills</p> <p><i>Here you'll learn (a) the ideal way of categorising learner digital skills, (b) example digital skills that are presenting barriers to education participation, and (c) ways of identifying what digital skills are relevant in your teaching and learning context.</i></p>	<p>Essential</p>	<p>9-mins</p>
<p>3 📺 Successful support systems</p> <p><i>In this 3rd video you'll learn the digital skill support system approach that was found to be successful. I also share what commercial resources performed best in our trials.</i></p>	<p>Essential</p>	<p>17-mins</p>

NOTE: These videos are exclusively presented for Teaching Online members. However, the Good Practice Guide is being made available FREE for all educators, education organisations, and relevant stakeholders. To share that guide with your colleagues, simply send them to <https://www.teachingonline.com.au/digital-skills-gpg> to download their copy.

No commercial gain was realised in the development of this guide; distribution of it and the insights therein are not for commercial use by any party. Drawing on or referring to this work should be accurately cited in all instances:

Cox, D. (2023). *Digital skills for education and training: A good practice guide.*



Essential Next-Level Online Content



Essential

Essential insights for good slide design (**Essential**) [▶click to play](#)

We all know how to use PowerPoint for creating content ... or do we? Many educators don't realise how much of an impact their slide design has on learner engagement and learning outcomes. In this video set, you'll learn practical insights from established cognitive load theories and newly conducted research.

Don't forget to download the notebook!

1 Welcome + overview

Optional 3-mins

Welcome to the topic and an overview of the content ahead.

2 Your new planning strategy

Essential 10-mins

This essential video explains the critical first step in developing learner-friendly cognitively-friendly slides. The planning technique shared here was developed in cooperation with experienced educators, and was shown to result in better quality presentations. Educators also found it quicker to use this planning strategy rather than simply diving straight into slide creation.

3 Eight design principles

Essential 20-mins

Here you'll learn eight critical design features. These practical insights are absolutely essential, are easily applied, and will make a noticeable difference for learners. Yes, it includes examples of how to enact this within your own content.

4 Images and diagrams

Essential 10-mins

Within this video you'll learn that certain image types are a massive distraction for learners. Dive in and learn how to best utilise images and diagrams so that they add value without distracting from core content and messages.

5 Presenting your slides

Essential 12-mins

Yes! The way you present your slides also affects learner engagement and learning outcomes. Here you'll learn practical tips for presenting on camera (live online or via recorded video).

6 Underpinning theory

Optional 11-mins

This final video is completely optional. It's for those of you who are curious to know more about some of the underpinning theory related to the concepts and recommendations presented throughout this slide design video set.

You can earn a certificate for engaging with this 'essential insights for good slide design' topic.
Submit your learning reflection at [TeachingOnline.com.au/PD10](https://teachingonline.com.au/PD10)

❑ Don't let your 'about me' intro **keep blocking learner engagement (Essential)** (▶[click to play](#))

Did you know that your 'about me' bio (sometimes called your intro or contact-me page) is one of the very first things your online students go looking for? Did you know students report those bio's aren't resonating with them, and are actually blocking engagement? With this essential video set you'll be guided step-by-step through a proven formula for writing an introduction that immediately resonates with learners, improving their trust, optimism, and engagement.

Note: This video set is best watched in the order it's presented. Allow a few minutes writing time after each video.

Don't forget to download and print this notebook!

1 ❑ Welcome + overview

Recommended

11-mins

This video shares some important background about your 'about me' intro, and shows you some of the more common mistakes educators are making.

2 ❑ Bonus learning

Optional

9-mins

This video is your reminder to switch on our learning mindset and take effective notes.

3 ❑ Part 1 – Your headline statement

Essential

8-mins

The opening language in your self-introduction makes an immediate impression on your students – it's critical that first impression is a good one! This video guides you through the process of developing the opening sentence of your new self-introduction. This sentence resonates with the student perspective and motivation.

4 ❑ Part 2 – Acknowledge obstacles

Essential

5-mins

Continuing with the theme of making an excellent first impression with your students, this video guides you through the process of developing the second sentence of your new self-introduction. This sentence resonates with the learner-perceived obstacles.

5 ❑ Part 3 – Your super power

Essential

6-mins

This video guides you through the process of developing the third sentence of your new self-introduction. This sentence frames you, the educator, as 'the solution'. Here you are reassuring students that you are the educator who will meet their learning needs and get them through this module.

6 ❑ Bringing it all together

Essential

7-mins

Now that you've brainstormed several all-important baseline key phrases, it's time to start weaving those elements into cohesive opening sentences. This video guides you through how to start bringing those opening sentences together and shares examples for you to be inspired by.

7 ❑ Adding extra detail

Essential

11-mins

I know! You're wanting to add more detail!! This video guides you the detailed steps for adding extra information such as your background and qualifications. You'll brainstorm all the things you want to include, and will refine that list down to relevant items. Then, you'll learn how to frame those elements so that they resonate with students.

8 ❑ Closing comments

Optional

5-mins

Completing your new introduction.

You can earn a certificate for engaging with this 'your about-me intro' topic.
Submit your learning reflection at TeachingOnline.com.au/PD6

Click-worthy online learning content (**Essential**) [▶click to play](#)

Is your fantastic online learning content going unclicked? Are your students not engaging with important self-paced learning materials or maybe not showing up ready to learn in those live sessions? Don't worry! This video set shares simple, proven solutions that do get immediate results.

Don't forget to download the notebook!

- | | | | |
|----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|---------|
| 1 | Click Welcome + overview
<i>Welcome to the topic and an overview of the content ahead.</i> | Recommended | 5-mins |
| 2 | Click Bonus learning
<i>This video is your reminder to switch on our learning mindset and take effective notes.</i> | Optional | 9-mins |
| 3 | Click Why students don't click on (engage with) content
<i>Before you learn how to make your content more click-worthy for online students, it's important to first understand why they're not engaging with content that's already there. This video reveals why it is that students aren't clicking on, or engaging with, learning content.</i> | Recommended | 9-mins |
| 4 | Click First, know who you're talking to
<i>Students really appreciate the feeling that you're talking right to them, that you understand their motivations and learning needs. In this video you'll be guided to brainstorm the perspectives of your 'persona students'. This will help you to tap into those absolutely critical core motivations which you can then speak directly to when 'selling' the need to engage with different learning materials or activities.</i> | Essential | 11-mins |
| 5 | Click Assign importance ratings
<i>In this video you'll learn the highly effective strategy of assigning importance ratings to all parts of your learning content and course. This is one of the simplest, yet most effective, strategies imaginable. It's been proven to be highly effective in a wide range of online programs and is an essential item in the toolkit of all educators.</i> | Essential | 14-mins |
| 6 | Click The must-use messaging framework
<i>To get students clicking on (or engaging with) content, we need to essentially 'sell' them that this element is good for them and their learning journey. In this video you'll learn a simple, yet highly effective, messaging framework that will transform how you describe and present your content to make it absolutely click-worthy. You don't want to miss this!!</i> | Essential | 15-mins |
| 7 | Click Discussion forums
<i>Discussion forums are utilised in many online courses. However, they're often met with groans from students and educators alike, and many educators report not consistently having success with discussion forums. In this video you'll learn six (simple yet effective) steps for planning and facilitating a highly effective discussion forum.</i> | Recommended | 22-mins |
| 8 | Click Closing comments
<i>A few closing comments to wrap things up.</i> | Optional | 4-mins |

You can earn a certificate for engaging with this 'click-worthy online learning content' topic.

Submit your learning reflection at [TeachingOnline.com.au/PD4](https://teachingonline.com.au/PD4)

📄 Guidelines for creating video content that learners *will* watch (Essential) [▶click to play](#)

Do you know why more and more learners are demanding video content? Do you know what makes them switch those learning videos right off again if you miss the mark? In this unmissable set of videos, you'll learn proven (workload friendly) strategies for developing video content that does get watched.

Don't forget to download the notebook!

1 📄 Welcome + overview	Recommended	4-mins
<i>Welcome to the topic and an overview of the content ahead.</i>		
2 📄 Bonus learning	Optional	9-mins
<i>This video is your reminder to switch on our learning mindset and take effective notes.</i>		
3 📄 Why this topic matters	Essential	8-mins
<i>Understanding what online students want and expect from online content is imperative. This video presents why learning videos matter, and some common pitfalls when making video content. These foundations will help you better meet the needs of online learners.</i>		
4 📄 Guideline 1: Duration	Essential	8-mins
<i>Issues with video duration is one of the most common reasons why students don't engage with learning content videos. This video unpacks why duration is so important and why limiting the duration of your videos to ideally <~10-minutes is so important. Not to be missed!</i>		
5 📄 Guideline 2: Chunking	Essential	10-mins
<i>Chunking your video content is a critical success factor for getting more learners to engage with more of your videos more often. This video explains why it's important to chunk your content into digestible pieces when developing video content. Here you'll see examples, and be introduced to your new video planning tool for how to chunk well.</i>		
6 📄 Guideline 3: Authentic presence	Essential	9-mins
<i>What could be great video content is often missing one key ingredient – you! This video discusses the need for your 'authentic presence' in video content, and gives examples of how this can be achieved in instructional and non-instructional content.</i>		
7 📄 Guideline 4: Description	Essential	6-mins
<i>Simply having a button that says 'watch me' won't get students clicking play. To generate engagement with our video content, we as educators have to 'sell' to students why and how watching this video meets their needs. In this video you'll learn why your video descriptions are so important, and you'll learn why it's 'good descriptions that get the clicks'.</i>		
8 📄 To caption or not to caption?	Recommended	7-mins
<i>Yes, of course captioning (subtitles) is important for accessibility reasons, but did you know that many students find captions to be distracting? In this video, I present relevant elements from current research.</i>		
9 📄 A low-tech solution	Recommended	8-mins
<i>Don't worry if you don't have access to a green screen studio. Don't worry if you don't have the time (or skills) for fancy video editing. You CAN make engaging videos for your students with just PowerPoint, webcam, and a smart phone. This video shows you how.</i>		
10 📄 Closing comments	Optional	4-mins
<i>A few closing comments to wrap things up.</i>		

You can earn a certificate for engaging with this 'Guidelines for creating video content' topic.

Submit your learning reflection at [TeachingOnline.com.au/PD5](https://teachingonline.com.au/PD5)



❑ Insights from learners about assessments (Essential) [▶click to play](#)

Ever wondered why learners only half complete an assessment question? Or perhaps you've gotten frustrated when learners give you a throwaway answer? Don't worry, you're not alone and there are solutions! I spent a year working with learners to investigate their assessment perceptions and behaviours. You definitely don't want to miss these crucial insights and tips to transform your assessments.

Don't forget to download the notebook!

1 ❑ Introduction

Recommended

3-mins

This video welcomes you to the topic and introduces you to the research behind these insights.

2 ❑ Barriers identified by learners

Essential

16-mins

During this essential video you'll learn the 3 issues that were most frequently cited by learners as a barrier to their assessment participation. You'll also learn some strategies for overcoming these barriers.

3 ❑ Transforming your assessment questions

Essential

13-mins

Learn about common problematic assessment questions and see how to transform them to significantly improve the experience and outcomes for learners.

❑ The affect your camera has on learning and learning outcomes [▶click to play](#)

The nature of your camera does affect the learning experience and learning outcomes of your students. In this video you'll hear current research about those impacts, and best-practice advice for how you appear in learning videos and live sessions.

Recommended

17-mins

What do learners think of educators presented as avatars? [▶click to play](#)

These critical insights from the latest research in this space are simply not to be missed. Hear learner perceptions and reactions to different ways avatars are being used to present content. The results will surprise you!

Recommended

19-mins



Essential

Essential Next-Level Live Online

Thriving live online (Essential) [▶click to play](#)

It's frustrating to host a live online session only for your learners to not show up or sit there unengaged and non-responsive. Don't worry, help is at hand! In this essential video set you'll learn what students want from live online time, and how to get their active engagement.

Don't forget to download the notebook!

1 <input type="checkbox"/> Welcome + overview	Recommended	4-mins
<i>Welcome to the topic and an overview of the content ahead.</i>		
2 <input type="checkbox"/> Bonus learning	Optional	9-mins
<i>This video is your reminder to switch on our learning mindset and take effective notes.</i>		
3 <input type="checkbox"/> What students say	Essential	11-mins
<i>Understanding the purpose of live online session is a critical foundation. This video starts with prompting you to consider what you perceive is the purpose of live online sessions. What do you like or dislike about being live online? The video then shares what students report in response to those same questions – purpose, likes, dislikes. Important foundation strategies are then shared.</i>		
4 <input type="checkbox"/> Getting started and setting expectations	Essential	13-mins
<i>The first 5 minutes of any live online sessions are absolutely critical to the success of that session. This video demonstrates the opening few minutes of a live session and discusses the importance of several key actions and messages.</i>		
5 <input type="checkbox"/> Active interaction with concepts	Essential	7-mins
<i>To take learning beyond passively receiving information, facilitating students to actively engage with the concepts being learned is a critical way to transform information into knowledge. In this video you'll be introduced to a range of effective interaction strategies and success tips.</i>		
6 <input type="checkbox"/> Non-instructional live sessions	Essential	7-mins
<i>This video introduces you to the 'homework club' strategy of using your live online sessions in a non-instructional way. This strategy has proven extremely successful in a wide variety of settings, and you'll hear feedback from students and educators as to what they appreciate about this strategy.</i>		
7a <input type="checkbox"/> Live polling – your gateway to engagement	Recommended	7-mins
<i>Live polls are a highly effective strategy that gets students actively participating and contributing. While polling is not the be-all and end-all of engagement, it is a very effective gateway toward deeper engagement. Polling is highly effective with small and large groups. This video introduces you to some foundation concepts, and the following six videos share each share a different poll type.</i>		
7b <input type="checkbox"/> Poll type: Word clouds	Recommended	2-mins
7c <input type="checkbox"/> Poll type: Emotion scales	Recommended	2-mins
7d <input type="checkbox"/> Poll type: Multiple choice	Recommended	2-mins
7e <input type="checkbox"/> Poll type: Ranking questions	Recommended	5-mins
7f <input type="checkbox"/> Poll type: Open-ended bulletin board	Recommended	3-mins
7g <input type="checkbox"/> Poll type: Q+A upvote	Recommended	3-mins
8 <input type="checkbox"/> Closing comments	Optional	3-mins
<i>A few closing comments to wrap things up.</i>		

You can earn a certificate for engaging with this 'thriving live online' topic.
Submit your learning reflection at [TeachingOnline.com.au/PD7](https://teachingonline.com.au/PD7)

Long live online sessions and learner fatigue ([▶click to play](#))

How long is the ideal live session? What happens to learner fatigue, focus, and retention during different duration sessions? Find out in this much-anticipated video which shares results from recent research which monitored experiences and outcomes across different duration live sessions.

Recommended

13-mins

How long to pause for assimilation ([▶click to play](#))

You've heard me say that "silence is golden" during live online sessions – so how long should we be pausing for students to assimilate new learnings during live sessions? While there isn't a one-size-fits-all rule, this video shares what's happening for your learners during those pauses, and why pause moments matter.

Recommended

5-mins

Getting started with Poll Everywhere (Optional) ([▶click to play](#))

After engaging with the Thriving Live Online video set, many educators are keen to then incorporate polling tools into their live sessions. This set of 5 videos walks you through from setting up your Poll Everywhere account to launching your first polls. I recommend you watch these videos in the order they're presented. They're designed for you to follow along, working with the Poll Everywhere website along the way.

Don't forget to download the accompanying notes!

1 Welcome + overview

Welcome to the topic and an overview of the content ahead.

Optional

3-mins

2 Getting setup

Starting with setting up your account (and choosing a free or paid plan), this video also includes a couple of important settings you want to dive into up front.

Essential

9-mins

3 Creating your first polls

Within this video I walk you through setting up your first two polls. Here you'll see some important features and options, as well as a couple of must-have tricks.

Essential

12-mins

4 Common poll types

There are lots of poll types for you to explore in Poll Everywhere. In this video I share with you some tips and settings for multiple choice, word clouds, Q+A upvote, clickable image, survey, open-ended, emotion scales, and ranking questions.

Recommended

10-mins

5 Presenting your polls

With this video you'll learn how to facilitate your polls during a live session. I also share helpful tips for getting the most out of this tool.

Essential

10-mins

Facilitating role plays online ([▶click to play](#))

Role plays can be an exceptional learning activity for many topics. However, the success of role plays is directly affected by how well learners engage with it. In this video you'll learn the essential scaffolding steps for bringing your learners on board with role plays.

Optional

11-mins

Success steps for when you're asking students to share their work with peers ([▶click to play](#))

During this short video, you'll learn the 4 success steps you can follow to make your learners more comfortable when asked to share their work, observations, or experiences with peers.

Optional

5-mins

The affect your camera has on learning and learning outcomes ([▶click to play](#))

The nature of your camera does affect the learning experience and learning outcomes of your students. In this video you'll hear current research about those impacts, and best-practice advice for how you appear in learning videos and live sessions.

Recommended

17-mins



Optional

Optional Advanced Topics

Yes! You too can green screen (Optional) ([▶click to play](#))

Are you wanting to take your video recordings or live presentations to the next level? Are you curious about what hardware and software I use to get my videos looking so good, standing in the same frame as my slides? Wonder no more ... this video set walks you through how green screen works, and what hardware/software you need to do this for yourself. Best of all, if you did want to start using that software, this video set comes with a link to download my 150-page getting started guide to help you get setup.

Don't forget to download the notebook!

1 <input type="checkbox"/> Welcome + overview	Recommended	6-mins
<i>Welcome to the topic and an overview of hardware and software requirements.</i>		
2 <input type="checkbox"/> Bonus learning	Optional	9-mins
<i>This video is your reminder to switch on our learning mindset and take effective notes.</i>		
3 <input type="checkbox"/> Demonstrating some benefits	Optional	8-mins
<i>In this video, I demonstrate some of the benefits having a user-friendly green screen studio opens up. These features work the same whether you're live online, or creating recorded video content. Easily swap between 'scenes' to change what is visible to your audience.</i>		
4 <input type="checkbox"/> Camera and audio requirements	Essential	7-mins
<i>In this video you'll hear my recommendations for the type of camera you require, and elements to consider when positioning that camera. You'll then hear my recommendations for audio including microphone, speaker, and ambient noise.</i>		
5 <input type="checkbox"/> Lights and green screen requirements, and room layout recommendations	Essential	10-mins
<i>In this video you'll hear my recommendations for lighting which is an absolutely essential component of being well presented online. Then I share with you the different options for the actual green screen element, and introduce considerations for planning your space and layout.</i>		
6 <input type="checkbox"/> Computer, software, and stream deck requirements	Essential	11-mins
<i>In this video you'll hear my recommendations for utilising a high-end desktop computer rather than a laptop. Also, you'll learn why I run three monitors (at least two monitors is essential). Then I share with you the completely free software that I utilise to run my studio. And yes, my 150-page getting started user-guide is provided. Finally, I share with you my favourite piece of equipment – the Elgato Stream Deck.</i>		
7 <input type="checkbox"/> Tips – In-scene camera position	Recommended	5-mins
<i>Once you are ready to start setting up your 'scenes', you'll want to think carefully about where you want your camera feed to be positioned within those scenes. In this video I demonstrate how your first scene in OBS gets layered, and then some of the early decisions you'll make regarding your camera positioning.</i>		
8 <input type="checkbox"/> Tips – Background images	Recommended	5-mins
<i>When setting up your 'scenes', background images play a huge role. Getting this wrong can be quite distracting for your audience. In this video, I demonstrate a range of backgrounds so you can see the difference between light, dark, flat, and busy images.</i>		
9 <input type="checkbox"/> Tips – Wardrobe	Recommended	4-mins
<i>Yes! Wardrobe is also something to give consideration too. In this video I'll show you why wearing green is a big no-no. I'll also do an embarrassing fashion parade to show you why different patterns and shades are best avoided.</i>		
10 <input type="checkbox"/> Closing comments	Optional	3-mins
<i>In this video I share a few closing comments to wrap things up and set you on your way to having your own amazing green screen studio.</i>		

You can earn a certificate for engaging with this 'green screen' topic.
Submit your learning reflection at TeachingOnline.com.au/PD8

☐ Take control with RIGOR (Highly Recommended) [▶click to play](#)

Are you, like many educators, feeling as though too much of your time and energy is wasted being frustrated or distracted by problems and challenges? Are you ready for some PD that's all about you rather than your teaching? You don't want to miss this video set where you'll learn my user-friendly problem-processing technique that gives you back control so you can focus on the things that matter. At work, home, and anywhere in between, applying the RIGOR technique will help you more efficiently identify ideals, clarify options, optimise decision-making, and connect with what matters. It makes a great team collaboration tool too.

Don't forget to download the notebook!

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|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|
| <p>1 ☐ Welcome + overview</p> <p><i>This video introduces you to the series and shares a short background about the RIGOR technique.</i></p> | <p>Recommended</p> <p>10-mins</p> |
| <p>2 ☐ Bonus learning</p> <p><i>This video is your reminder to switch on our learning mindset and take effective notes.</i></p> | <p>Optional</p> <p>9-mins</p> |
| <p>3 ☐ Foundation 5-step RIGOR process</p> <p><i>This critically important video introduces you to the foundation 5 steps for processing problems and taking control with RIGOR. You'll be walked through each step, learning the important elements to consider along the way.</i></p> | <p>Essential</p> <p>16-mins</p> |
| <p>4 ☐ Using RIGOR to choose between options</p> <p><i>A very common scenario for people is weighing up different options and choosing which one best suits the situation. In this video you'll be introduced to how the 5-step RIGOR process you've already learned can be adapted to support choosing between options. A special processing sheet is presented.</i></p> | <p>Recommended</p> <p>8-mins</p> |
| <p>5 ☐ Using RIGOR to reflect on an implemented strategy</p> <p><i>When you've resolved to take action, make a change, or implement a new strategy, it is beneficial to use a quick RIGOR process to revisit the original challenge and review how well your changes are meeting that challenge. In this video you'll be introduced to a variation of RIGOR for use when reflecting on implemented strategies.</i></p> | <p>Recommended</p> <p>3-mins</p> |
| <p>6 ☐ Using RIGOR to manage differing expectations</p> <p><i>A common cause of disharmony and conflict is a difference in expectations or understandings. In this video you'll be introduced to the variation of RIGOR that has been developed especially for those situations.</i></p> | <p>Highly Recommended</p> <p>7-mins</p> |
| <p>7 ☐ Pause and practice</p> <p><i>This short video wraps up what's been learned so far ahead of diving into the advanced concepts featured in the next 4 videos.</i></p> | <p>Optional</p> <p>3-mins</p> |
| <p>8 ☐ The 4-stage processing path</p> <p><i>This is one of the most watched and revisited videos in this series. You'll really enjoying learning about the 4-stage processing path that we all navigate all day every day. Learning about this concept will help you stop 'reacting' and start 'responding' to challenging situations.</i></p> | <p>Essential</p> <p>15-mins</p> |
| <p>9 ☐ Incorporating the 'what-if-flip'</p> <p><i>This video always generates a lot of ah-ha moments and positive emails from people who love this simple, yet incredibly effective strategy. You don't want to miss it!</i></p> | <p>Essential</p> <p>9-mins</p> |
| <p>10 ☐ Using RIGOR for motivation</p> <p><i>Motivation is one of the most commonly raised challenges in my RIGOR webinars. Let's face it, there are days that we sometimes don't feel like doing all the things we're responsible for. In this must-watch video, you'll learn some important strategies to support motivation, you'll be introduced to intermediate RIGOR concepts, and a special processing sheet for motivation-driven challenges.</i></p> | <p>Essential</p> <p>15-mins</p> |
| <p>11 ☐ Advanced RIGOR – my personal story</p> <p><i>I developed the RIGOR technique many years ago within my role leading large teams. Then, in 2017 I was diagnosed with a degenerative disease that placed me in a wheelchair with advice to stop work, limit all movement, and minimise energy expenditure. It was my ability to draw on the RIGOR technique throughout that time that enabled me to defy all predictions and instead live an incredibly active, pain-free life. In this video you'll see how that journey necessitated the development of the advanced RIGOR technique that you'll learn here.</i></p> | <p>Essential</p> <p>21-mins</p> |

You can earn a certificate for engaging with this 'take control with RIGOR' topic.
Submit your learning reflection at [TeachingOnline.com.au/PD9](https://teachingonline.com.au/PD9)



Extra Insights



Optional

'Extra Insight' videos are released throughout the year. These videos draw on insights from published research which is relevant for online educators. Some videos feature interviews with the original authors. You'll receive an email from me each time a new video is added to this category.

Using the TPACK framework to choose a PD focus ([▶click to play](#))

So much PD, and so little time! Many educators and teams wrangle with where to allocate their PD time. In this video you'll see how the well established TPACK framework can make an excellent tool for deciding your current PD focus.

Optional

4-mins

John Cowan: Promoting exemplary inquiry ([▶click to play](#))

Meet the extraordinary John Cowan and hear his insights on promoting exemplary inquiry and 'questioning mindsets' with your learners.

Optional

18-mins

Dr Cathy Stone: How and why are you measuring learner engagement ([▶click to play](#))

Chances are that you, or someone around you, is using data from the learning management system to measure learner engagement. In this video you'll hear research-driven insights from the fantastic Dr Cathy Stone which will prompt you to consider what you measure and why you're measuring it.

Optional

12-mins

The cognitive challenges of effective teaching ([▶click to play](#))

This video presents a framework put forward by Stephen Chew & William Cerbin about the 9 cognitive challenges that educators navigate when teaching learners something new.

Optional

5-mins

Pedagogical care ([▶click to play](#))

Drawing on the work of Katie Burke and Stephen Larmar who use this framework to reflect on ways they enhance the learning experiences of their students by proactively providing pedagogical care.

Optional

3-mins